

CENTRAL OTAGO

24 HOUR ADVENTURE RACE '11
+ 12 HOUR OPTION

SATURDAY 19TH NOVEMBER 2011 > RACE START 6.00AM > ENTRY FEE \$80 PER PERSON
REGISTRATION @ CROMWELL SPORTS CLUB 5.00PM TO 7.00PM FRIDAY 18TH NOVEMBER,
FOLLOWED BY COURSE DESCRIPTION AND BRIEFING



THE TEAM

Teams can consist of either two or four members. Teams of two can be single or mixed gender teams, but teams of four MUST have one member of the opposite sex, and it is recommended that one member understands basic first aid. Any team member who has a medical condition must alert the race organiser when registering. Team member must be able to navigate with compass and topographic map, in any weather conditions and dark, they should be competent in the skills required for this event. The event organiser reserves the right to withdraw any team member for medical or other reasons deemed suitable by the race jury. Assistants to the teams is available only at designated checkpoints and only within a 100m radius around these checkpoints. All outside help is prohibited between designated checkpoints. A team of officials, guides and safety officers assist the organisation, team members and assistants must respect the instructions given by the officials and follow their decision relating to the course in general. Any abuse towards a member of the organising team will incur serious sanctions.

ENTRY FORM > 24 HOUR RACE 2011

ENTRANT 1

Name.....
Date of Birth.....
Phone.....
Email.....
I have read & understood the following event declaration.
Signature

ENTRANT 2

Name.....
Date of Birth.....
Phone.....
Email.....
I have read & understood the following event declaration.
Signature

ENTRANT 3

Name.....
Date of Birth.....
Phone.....
Email.....
I have read & understood the following event declaration.
Signature

ENTRANT 4

Name.....
Date of Birth.....
Phone.....
Email.....
I have read & understood the following event declaration.
Signature

DISCIPLINES

- Trekking
- MTB
- Abseiling
- Kayaking
- Orienteering

RACE INFORMATION

The race starts and finishes at the Cromwell Sport Club and is considered 'BASE CAMP'. It begins at 6am on Saturday 19th November and concludes at 6am on Sunday 20th November.

SEND THIS ENTRY FORM AND A CHEQUE TO:

Southern Lakes Multisport Club Inc
c/o Bill Godsall
PO Box 133
Cromwell

www.southernlakesmultisportclub.com

PROTESTS

All protests must be in the hands of the event organiser within 1 hour of the team crossing the finish line, the jury made up of selected members selected by the event director.

TIMING

The race clock starts at 6am Saturday, the time of each team will be recorded when they arrive at base camp and when teams cross the finish line. When a team rests at base camp the clock continues.

PLACINGS

Teams are ranked when all team members have crossed the finish line after having completed the entire course through the mandatory checkpoints.

PRIZEGIVING

Prize giving in conjunction with a lunch is to be held on Sunday 20th November 2011 at the Cromwell Sports Club at 12.00pm. The cost of this is included in entry fee. However support teams will incur a charge of \$15 each for the meal.

EVENT DECLARATION

In acceptance of my entry form, I do hereby for myself, my heirs, executors, administrators & assignees release & forever discharge the organisers the sponsors & all persons involved in the conduct of this event from all claims or actions whatsoever in any manner arising out of my participation & that I have no physical or medical condition which may have potential to put myself or any other person at risk & that I am sufficiently trained for the event, I agree to abide by the organisers rules & accept any decision or direction given by them. I allow sponsors/organisers to use my name/photo for promotional purposes. I have read the race rules, course description & will attend the race briefing & agree to abide by the contents.

RULES AND REGULATIONS

By entering the teams & assistant crew agree to follow the race rules; traffic management plans, respect the terrain that they are moving through & to respect the farming properties that they cross. Southern Lakes Multisport Club provide insurance that covers fire, public liability, damage to property, employers liability & law safe. All participants compete at their own risk and should have the skills required to complete the event safely.

WITHDRAWAL

In the event of withdrawal, the registration fee will be refunded minus 30% handling charges, the same rate applies if the organisers cancel due to unforeseen circumstances. In the case of a withdrawal DURING the race of a competitor, or an entire team, the captain must inform the organisation by any means available and in the shortest possible time. A team who withdraws or is disqualified is not allowed back on the course.

THE COMPETITION

The race will continue with both day and night sections and an anticipated time of 18 hours for the fastest and 24 hours for the slowest team. The race will conclude at 6am and the race clock stops, late finishers are unofficial finishers. The secret course will be revealed at the pre race briefing by the race directors with alternative routes and cut - off times indicated. Competitors must follow the course and alternatives designed by the organisation, and must comply with the spirit of the competition. Team members must travel within 100m of each other. The route of the course may be modified at any moment by the race organiser due to weather, security or unforeseen conditions.

CHECKPOINTS & TRANSITION AREAS

The course is punctuated by checkpoints that competitors must pass as a whole team. A checkpoint is usually manned by officials but can be unmanned i.e. during the orienteering sections. All transitions will occur at BASE CAMP, which will also be an assistance area where the teams meet their support crew and most likely change discipline. Checkpoints are placed in locations described in the competitors and assistants notes, with map co - ordinates giving the exact location. Each team member must be present at BASE CAMP to check in on arrival and check out on departure. The team must sign the checkpoint or transition area to record their passage. Teams must follow the instructions given by officials responsible for the checkpoints. In the case of remote or unmanned checkpoints teams must follow the instruction given to them at the briefing e.g. Record a password/number in order to prove their passage. All checkpoints manned or unmanned must be visited. Missing a checkpoint may result in the team being excluded from ranking. An exception to this are 'control points' during the orienteering legs where teams must locate the control marker, missed controls incur a time penalty added to the teams total time at the finish line.

TIME PENALTIES / DISQUALIFICATION

Disqualification will occur for:

- Unfair behaviour
- Use of unauthorised equipment e.g. GPS
- Abandonment of team member
- Non wearing of race number
- Non assistance to a person in danger
- Use of unauthorised means of transport
- Use of performance enhancing drugs

Penalties will occur for:

- Presence of assistance member in a forbidden sector
- Non wearing of compulsory equipment
- Not carrying compulsory equipment
- Dropping Rubbish
- Missing a checkpoint on Orienteering Course
- Assistants crew checking course outside transition zone

